

Square Pegs Dyslexia Support & Advocacy Inc

#### VISION

To ensure all children have the opportunity to reach their potential and enjoy learning.

#### MISSION

To achieve greater recognition, understanding and action on dyslexia and related learning differences in



# Where can I find help?

Square Pegs is often asked by families where to go for assessment or support. This list of local service providers is provided in good faith. However, Square Pegs is not responsible for the quality, performance or outcomes of the services offered.

This list is not exhaustive but hopefully provides a starting point for families to investigate options for assessment and remediation in Tasmania. We encourage all parents and families to ask questions to ensure that they are engaging support that suits their individual circumstances and preferences.

If you are able to recommend local service providers or to provide feedback regarding your experience with any of the services listed, please contact Square Pegs.

We also encourage you to talk to your school about possible assessment and support.

### **Educational Psychologists**

### **Darren Stops, Psychologist**

St Helen's Private Hospital, 186 Macquarie Street, Hobart | 0448 124 001

### Kelly Parkyn, Kingston Psychology

www.kingstonpsychology.com.au | 6 Freeman St, Kingston TAS 7050 | (03) 6229 2888

### **Pamela Windsor and Associates**

Sarah Muskett, Practice Leader 70 Sandy Bay Rd, Battery Point TAS 7004 | (03) 6224 8555

### **Margaret Stoklosa Pscyhologists**

205 Davey St, Hobart TAS 7000 | (03) 6224 8881

#### **Paul Watkins**

46 View Street, Sandy Bay 7007 | (03) 6223 5219

### **Launceston Therapy Clinic**

Paul Bertoia

www.launcestontherapyclinic.com.au | 259 Charles St, Launceston TAS 7250 (03) 6331 4664

### Psychology Plus, Burnie

Bernadette Smith

12 Hale St, South Burnie TAS 7320 | (03) 6431 9959

### Sam van der Wijngaart, forPsych

sam@forpsych.com.au | 0438 908 331 | forpsych.com.au

### Tim Feeley, Tim Feeley and Assoicates

info@timfeely.com.au | timfeely.com.au | 169 Elphin Road, Newstead | 03 6334 4451

### Robyne Lennon, North West Psychology

enquiries@nwpsychology.com.au or www.nwpsychology.com.au

### University of Tasmania – Psychology Clinic

www.utas.edu.au/psychology/psychology-clinic | 03 6226 2805 | PSY.Clinic@utas.edu.au The clinic provides services free to the community.

#### **Department of Education**

School Psychologists via the School Principal or Learning Services or Manager School Support.

### **Catholic System South**

Referrals via Catholic Education Office. Contact Robyn Evans MAPS CEDP.

### **Medicare Local has a list for referrals:**

www.tasmedicarelocal.com.au

Australian Psychology Association – psychology.org.au

## **Speech Pathologists**

### **Speech Pathology Tasmania**

Linda McKillop | Rosalie Martin 110 Elizabeth Street, Hobart 7000 | (03) 6234 5717 | spt.com.au | speech@spt.com.au

SPT's offices are located in central Hobart. Clinics are located in Hobart City, Margate, Richmond, Huonville and Burnie. Speech Pathology Tasmania is a private speech pathology practice offering a full range of speech pathology services for children and adolescents. **This includes assessment services and remediation for literacy issues/dyslexia.** 

### **Sue Brown**

thespeechcentre@gmail.com | 0414 989 335 | Launceston

Speech Pathology Australia - speechpathologyaustralia.org.au

### **Multidisciplinary**

### **Teach Inclusive**

**Rob Carter** 

teachinclusive.com | robert.carter@teachinclusive.com | 0417 970 237

Teach Inclusive is a multi-disciplinary, professional team - offering a comprehensive, whole child approach to assessment and intervention. Teach Inclusive can provide therapy and educational plans. They are skilled case managers, able to coordinate services in the areas of:

• Education, Psychology, Speech and Language Pathology, Physiotherapy, Occupational Therapy, Inclusive Technology

### **Interstate / Online**

### **SPELD Victoria**

Expert, multi-disciplinary team, part of a national group of specific learning differences associations. Can provide assessments, remediation etc. www.speldvic.org.au

### **Australian Dyslexia Association**

Offers a pre-assessment for members. Full assessments if required. www.dyslexiaassociation.org.au/

### **Orthoptist**

Judi Wyatt, Orthoptist, Hobart. (03) 6223 4448

### **Advocacy**

### Your Rights - Disability Standards for Education

Here is a link which has been recommended as a great resource to help understand your rights and responsibilities under the Disability Standards for Education...

http://resource.dse.theeducationinstitute.edu.au/

### **Association for Children with Disability**

The Association for Children with Disability (Tas) Inc. is a non profit organisation that provides information, advocacy and support for Tasmanian families of children with disability. www.acdtas.com.au

Shaylene Craddock (South)	Jacque Boxer (North)
Family Advocacy and Case Coordinator	Family Advocacy and Case Coordinator
Mobile 0402 637 023	Mobile 0437 004 325
Phone 6231 2466	59D Amy Road, Newstead TAS 7250
Email scraddock@acdtas.com.au	Email jboxer@acdtas.com.au

### **National Disability Coordination Officer**

The Australian Government's National Disability Coordination Officer (NDCO) Programme works strategically to assist people with disability access and participate in tertiary education and subsequent employment, through a national network of regionally based NDCOs.

www.ndcotas.com.au

Darlene McLennan (North & North West)	Colleen Hooper (Southern)
Email darlene.mclennan@utas.edu.au	Email HooperCo@missionaustralia.com.au
Phone (03) 6324 3758	Phone (03) 6244 0444

### Office of the Anti-Discrimination Commissioner

The Office of the Anti-Discrimination Commissioner seeks to work closely with the Tasmanian community (including the community generally, government and business) in fostering a society free of discrimination, prejudice, bias and prohibited conduct. Its guiding motto is:

Phone (03) 6165 7515 | antidiscrimination@justice.tas.gov.au

### **University of Tasmania**

Colin Clark, Disability Student Advisor. Colin.Clark@utas.edu.au

### **Tutors**

### **Questions to Ask a Potential Tutor**

For a child with dyslexia, research supports the use of a reading system/approach that is simultaneously multisensory, systematic, and cumulative, with <u>direct and explicit instruction</u> in phonemic awareness, followed by synthetic and analytic phonics with intense practice. It is important that any tutor engaged to assist your child is experienced in this approach.

- 1. Please describe your background and training.
- 2. What is your approach to teaching reading to a dyslexic child? (If they don't mention the key aspects outlined above, run for the hills.)
- 3. How long have you been tutoring children in reading?
- 4. Approximately how many students with dyslexia or related learning differences have you tutored over the past 5 years?
- 5. Do you spend any of the session helping the student with homework, or do you concentrate only on remediation?
- 6. How do you interact with the student's school?
- 7. How often will you provide feedback to me on my child's progress, and in what format?
- 8. What is your hourly fee? What happens if my child has to miss a session?
- 9. How many sessions per weeks do you recommend?
- 10. Would you give me the name and telephone number of several parents of students you are currently tutoring so that I can seek references?
- 11. Do you have a current Tasmanian Police Check/Working with Children card?
- 12. Could we schedule a free consultation so that I can meet you and see your office?

Ref: Straight Talk About Reading: How Parents Can Make a Difference During the Early Years, 1999 by Louisa C. Moats (Author), Susan L. Hall

### The importance of explicit, multisensory instruction

Children with dyslexic difficulties particularly benefit from teaching that adheres to the principles of: highly structured, systematic, 'little and often', using graphic representation, and allowing time for reinforcement and encouraging generalization.

Teachers of low-progress readers should employ approaches to reading instruction that include explicit and systematic instruction in the five key areas outlined below, and these should be taught intensively. In particular tutors trained by IMSLE, SPELD, Spalding, MultiLit, among others. Explicit instruction in the big five of reading:

- 1. oral language;
- 2. phonemic awareness;
- 3. synthetic phonics;
- 4. fluency;
- 5. vocabulary; and
- 6. comprehension.

# **Educate Tutoring,** Naomi Wright, Kingston www.educatetutoring.com.au

### **Breakthrough Tutorial**

Wendy Sakul and Wendy Crosby www.breakthroughtutorial.com

**Spelfabet**, synthetic phonics resources www.spelfabet.com.au

**The Ten Minute Tutor, o**nline tutoring program by Liz Dunoon. www.thetenminutetutor.com

### **Reading Doctor Apps**

www.readingdoctor.com.au

Be aware, doing more of the same won't change things...a whole-language approach, with embedded phonics instruction is <u>not supported</u> by evidence as an effective approach.

### **MUSEC Briefings**

The Macquarie University Briefings offer independent advice on various 'programs' and is worth a visit as you investigate options for your child.

http://www.musec.mq.edu.au/community\_outreach/musec\_briefings

